SUPPORTING TRANSITIONAL PLAYER DEVELOPMENT

From Junior to Senior Player
THE Transitional Player

- Aged between 17 and 23± years old
- Full time pro player
- Full or part-time education
- Full or part-time work
THE Foundation

- Physical
- Mental
- Tactical
- Technical

Lifestyle
THE Circle of Non-Achievement

JUNIORS
Substantial support

DISCONTENT
Withdraw support

TRANSITIONAL
Moderate support

SENIORS
Reduced support
THE Questions

What should the federation expect from the players?

What should the players expect from the federation?
THE Coach

A coach cannot develop a player without developing themselves

Therefore, a fundamental part of a federation’s plan to develop an effective transitional programme should be to develop and educate coaches

A successful coach becomes a mentor to the player

Mentor the coach
THE Transition

As a junior, the player is largely expected to adapt to the programme system.

As a transitional player, the system should adapt to the player so that the player develops as an individual.

Junior players are generally coached. Transitional players must be developed as people and players.
THE Formula