The Rise of Egyptian Squash
A Sport’s Success Story

By: Omar ElBorolossy
Outline

Speaker

History

Rise

Dominance

Reasons

Junior Development in Egypt

ElBorolossy Squash Academy Technical Program
Speaker

- WSF Certified Coach and Tutor
- Former Egyptian National Coach
- Founder of ElBorolossy Squash Academy
- 3x Egyptian National Men Champion
- 2x World Team Champion
- Top 20 PSA Player from 1996 to 2004
History

• Introduction of squash in Egypt and the launch of the Egyptian Squash Federation

• The Pioneers:

  British Open Champions:
  – Abdelfattah Amr (1932-1937)
  – Mahmoud AbdelKarim (1947-1950)
  – Abdelfattah Abutaleb (1964-1966)
Rise

- Coach Abdel Wahid And Dr. Samiha
- World Junior Men 1994 (New Zealand)
- World Teams 1999 (Cairo)
- World Junior Women 2003 (Cairo)
- World Women Teams 2008 (Cairo)
Rise (Cont.)

- Al Ahram Tournaments
Rise (Cont.)

• Political Influence
• Egyptian Media Coverage
Dominance

- PSA Ranking: (50% of Top 10 PSA players)
  - **Men:** 6 out of Top 10. Including all Top 4
  - **Women:** 4 out of Top 10. Including all Top 3

- Egyptian Team: (23 World Teams Titles)
  - 4 Men Titles
  - 4 Women Titles
  - 6 Junior Men Titles
  - 9 Junior Women Titles
Dominance (Cont.)

- **Top Juniors:** (27 World individual Junior Titles)
  - **Boys:** 10 World Junior Champions:
    Ahmed Barada, Ahmed Faizy, Karim Darwish, Ramy Ashour, Mohamed El Shorbagy, Amr Khaled, Marawan ElShorbagy, Karim El Hamamy, Marwan Tarek, Mostafa Asal
  - **Girls:** 8 World Junior Champions:
    Omneya Abd ElKawy, Raneem ElWelely, Nour El Sherbiny, Nour ElTayeb, Habiba Mohamed, Nouran Gohar, Rawan El Araby, Hania El Hamamy
Dominance (Cont.)

- **Top Professionals: (8 World #1’s, 8 World Champions)**
  - **Amr Shabana**: Former World #1 and 4x World champion.
  - **Karim Darwish**: Former World #1
  - **Ramy Ashour**: Former World #1 and 3x World champion
  - **Karim AbdelGawad**: Former World #1 and World Champion
  - **Mohammed ElShorbagy**: Former World #1 and World Champion
  - **Ali Farag**: Current World #1 and World Champion
  - **Tarek Moemen**: Current World #3 and World Champion
Dominance (Cont.)

• **Raneem El Welily:** Current World #1 and World Champion

• **Nour El Sherbiny:** Former World #1 and 4x World Champion
Reasons

• Egyptian Style (Creativity and Attitude)
• Role Models
• Former Champions/Coaches
• Availability (Private Clubs/Academies)
• Decline/Weakening of International Competition
Reasons (cont.)

• Local Competitions
• Parents
Junior Development

- The Private Clubs and Academies: Blackball, Wadi Degla, Alexandria Sporting, Smouha and ElBorolossy
- The National Junior Tournaments and League
ElBorolossy Squash Academy
Technical Program

• The academy has created one of the first and most detailed technical squash curriculum/programs Worldwide.
• The program consists of 6 progressive levels. Each level has its unique exercises. Level 1 is the beginners and level 6 is the competition team level.
• Players are tested and evaluated quarterly to advance from one level to the next level.
• Certificates are handed out to those who pass their evaluation tests on a collective evening to celebrate their success.
Level 2

Content

Holding the racket.
The backswing or racket preparation.
Position of the legs.
The swing and follow-through for both backhand and forehand.
Correct use of the wrist.
Hitting the ball with one step.
Hitting the ball with two steps from the T.
Hitting the ball with two steps from the back of the court.
ElBorolossy Squash Academy
Technical Program (cont.)
ElBorolossy Squash Academy
Technical Program (cont.)
Thank You